

About Molly Bischoff

Molly Bischoff has had the pleasure of partnering and assisting older adults for over thirty years. It is in this realm she has learned to live life to its fullest and find beautiful treasures along the way. The personal impact of working with older adults led Molly to seek out a certificate as an End of Life Coach as well as an End of Life Doula. As a nursing home administrator Molly witnessed all too often how we can do better for those that are transitioning and their families. As an End-of-Life Coach she hopes to assist her clients to live big by keeping the end in mind by utilizing the Best 3 Months program. Molly plans on facilitating education and support for our community to assist individuals with an end of life plan to ensure they can die “on their own terms”.

About Ashley Parsons

After losing my Dad unexpectedly in 2019 and then my sister-in-law a little over a year later, I was forced to face death and grief in a way I never had before. My family and I had very little support and often felt like we were guessing our way through difficult decisions that were needing to be made along the way.

I deeply believe death is a part of the natural cycle of life and, if given space, we may be able to create a more beautiful relationship with it in all of its mystery. As a death doula, my goal is to empower and educate my clients and their families to feel more prepared and at peace as they navigate end-of-life preparation.

I support families with practical details like creating advanced directives which include appointing a medical power of attorney, creating a living will, etc. I provide compassionate companionship and spiritual and emotional support for individuals and their loved ones while they explore vulnerable end-of-life discussions. Through bedside vigil and MAID attendance, my heart-centered approach allows families to direct their energy to being present for their loved ones in their final moments.

My holistic approach recognizes each individual's unique needs and provides resources to help the individual and family make informed decisions while feeling supported along the way.

For a complimentary consultation, please email me at sacredcirclebv@gmail.com or call me at 719-642-0170.

About Linda Urban

Linda Urban
R.N., C.M.T., Reiki Practitioner, End-of-Life Doula

Linda brings many rich and diverse experiences and skills to end of life care. Her life's journey has offered a variety of professional experiences in the nursing profession, as a massage therapist/healing arts practitioner, and as a spiritual care provider for residents of a long-term care facility.

Her experience with three sudden traumatic deaths in her own family served as a catalyst for her own deep dive into those mysteries of life and death, religion and spirituality, living more consciously each moment of the now, and meeting death without regrets. Through her journey of "coming home" to her own soul, her deepest desire is to be of service in helping others live their lives and their death authentically, being at home in their own soul, and empowering them to view death as a conscious transition of life.

Her doula practice focuses on assisting individuals and their family/friends in navigating the death process. She offers a process for approaching end of life through the use of a care planning tool (Best Three Months) that guides the client into a personal, deeply comprehensive insight into the domains of their life: the physical, emotional, mental, spiritual and practical aspects of their life. This process offers the opportunity for one to venture into how they are currently living their life, thus creating an awareness of any unresolved issues within themselves and their relationships with others that might invite their attention. This guided process is not only for those approaching the end of life; it has great value for individuals wanting to live their best life. It's a must for that "Bucket List"!

Linda serves as a holistic, non-medical companion, teacher and guide advocating for the client through the dying process. She offers compassionate presence through those dark valleys of grief and loss for both the client and their loved ones. Professional community connections for the client and loved ones are supported. She offers her presence, wisdom, and guidance to restore death to its sacred place in the celebration of one's life .

Death is not a medical experience. It is a human one. Your life has value — so does your death. It can teach you everything about how to live fully — with presence, gratitude and compassion. Linda offers her services so that you may participate as fully as you wish in dying well.

Credentials: Doula Certification from Conscious Dying Institute in Boulder, Co. (2019)
Level 1-4 Clinical Pastoral Education Training through The Spiritual Living Center
for Education and Training in Golden, Co. (2015-2016)

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